



INSTITUTE FOR ATHLETE REGENERATION

NATIONAL LEADERS IN SPORTS MANUAL THERAPY & PERFORMANCE

TAKE YOUR CLINICAL SKILLS TO THE NEXT LEVEL

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**SMTC**

## SPORTS MANUAL THERAPY CERTIFICATION

### DAY 1 – SPINE (8a-6p)

- Functional Anatomy & Biomechanics
- Advanced Evaluation & Differential Dx
- Intervention Techniques – Lumbar/SIJ
- Intervention Techniques – Cervical/Thoracic
- Athlete Case Scenarios

### DAY 2 - EXTREMITIES (8a-6p)

- Functional Anatomy & Biomechanics
- Advanced Evaluation & Differential Dx
- Intervention Techniques – Upper Ext
- Intervention Techniques – Lower Ext
- Athlete Case Scenarios

### COURSE OBJECTIVES

- Participants will be able to collect and organize appropriate objective measures based on manual therapy assessment and movement screens.
- Participants will be able to interpret these findings effectively in the diagnosis and prognosis of the injured athlete.
- Participants will be able to apply these findings in the selection process of specific intervention techniques in the management of the athlete.
- Participants will be able to effectively execute the delivery of specific intervention techniques in the in management of the athlete.
- Participants will be able to effectively analyze the response of the selected intervention technique to make prognostic decisions.

**COST: \$875 per participant**

**Early Registration, Team, & Group Rates Available**

**All learning items included in pricing.  
Open to ATs, PTs, DCs, PAs**

**LEAD FACULTY**

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**Continuing Education Credits:** IAR (BOC AP# P10127) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 22.5 Category A CEUs. ATs should claim only those hours actually spent in the educational program.

**Cancellation & Refund Policy:** Participant is eligible for a full refund minus 25% of administrative fees if participant cancels 30 days prior to the course date. Participant is not eligible for a refund if participant cancels less than 30 days prior to the course date. Participant is eligible to transfer all course fees to any future courses. Participants will receive a full transfer to another course or full refund if the program cancels the course.

**Non-Discrimination Policy:** The Institute for Athlete Regeneration, LLC (IAR) does not discriminate on the basis of race, color, national origin, religion, sex, disability, military status, sexual orientation or age. IAR is committed to accessibility and non-discrimination in all aspects of its continuing education activities. Participants who have special needs are encouraged to contact program organizers so that all reasonable efforts to accommodate these needs can be made.



**IAREducation.COM**