We are extremely excited to welcome you to Boise for the 2024 ATPPS Annual Meeting & Conference!

Thanks to the dedicated efforts of our Annual Conference Committee, these next few days promise to be filled with the opportunity to Collaborate! Collaborate for networking, exchanging ideas, education, and FUN!

- Choose from more than 50 educational sessions broken down by recommended audience and function.
- Discover new products and services in the Exhibit Hall.
- Connect with other professionals experiencing the same challenges during dedicated networking events, meals, and various opportunities for networking.

All of this would not be possible without the support of our wonderful sponsors and exhibitors. Please be sure to visit them in the Exhibit Hall and take a moment to thank them and meet with their company representatives who are ready to share their industry knowledge with you. You will be amazed at how much you will learn from them!

Please let us, or ATPPS staff, know if there is anything we can do to make your experience here even better. The Board is easy to find, we are the ones in the red coats.

Thank you and enjoy the 2024 conference!

Michael S. Doyle MBA LAT
ATPPS President 2022 - 2024

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Learning Objectives

The 7th Annual Athletic Trainers in the Physician Practice Society Meeting & Conference will focus on updating athletic trainers on the current trends in the physician practice setting, honing of basic and advanced skills, orthopedic assessment of special populations, identification and management of uncommon pathologies, medical aspects of patient care, and expanding the administrative and interpersonal aspects of this growing Athletic Training setting.

Educational Gaps

Athletic trainers in the physician practice utilize a unique set of athletic training skills that are not typically used in a traditional athletic training setting. It is important that an athletic trainer in this setting be equipped with a certain skill set to efficiently support a provider while providing patient-centered care. This conference aims to equip athletic trainers with this unique skill set, including maximizing efficiency of a provider’s clinic, communicating with other healthcare professionals, learning to manage a practice’s human resources, and support the day-to-day administration of the physician practice to be prepared for any clinical scenarios that may be encountered.

CEU’s

This program has been approved to provide up to 24.75 category A CEUs. Workshops and labs have been approved to provide up to 24 Category A CEUs. Our programming will also be offering up to 19.75 BCS-O credits for main programming and up to 10 credits from our workshops and labs.

Pricing

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<th>Early Bird</th>
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<td>Labs</td>
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Cancellation / Refund Policy

A 75% refund less processing fees is available until January 31st, 2024. After January 31st, 2024, no refunds will be issued.
#ATPPS24 Mobile Event App

Get all the conference details in the palm of your hand!

Maximize your time at the event with the ATPPS 2024 mobile app. Easily view the Schedule, Speakers, Instant Alerts and more! You can even create personalized lists to target what you want to see, hear, and do.

Logging into the App:
On the app login screen, enter the credentials shown within your Mobile Event App welcome email. Alternatively, if you’ve lost or forgotten your password, you can click the Forgot Password link. Enter the email address you used to register for the Annual Conference, and you will receive an email that contains the link to reset your password.

Once you have set your password, navigate back to the login screen and enter your email address as the username and your new password.

Navigating the Schedule:
The schedule is sorted by date and then time within the day. Click the All toggle to see all sessions for the selected day. While at the event, click the Now toggle to see all sessions happening at that specific date and time. Click the magnifying glass to search the schedule by keywords to find applicable sessions. Click the funnel icon to filter the schedule by specific filter categories. Click into any session to see more information and details about the session along with information about the session’s presenters.

Get to Know the App:
When you first log into the app, and if you’ve attended one of our conference before, you’ll be asked to select which event you want to enter. If the ‘2024 ATPPS Meeting & Conference’ doesn’t automatically pop-up, use the Search Events search bar to find it and enter.

Click through the different menu options to familiarize yourself with the different features of the app.

Personalizing Your Experience:
Create personalized lists (such as your MySchedule or your MyContacts list) by clicking on the empty circle for each specific entry so a check mark appears for that entry (if an entry has a check mark on it that means it has been added to your MyEvent). Then, to access your personalized lists, click the MyEvent icon from the home screen of the app.

Complete Your Profile:
At the top of the main menu bar on the left, click your name to edit your profile on the attendee list. Add or remove your basic contact information, add a bio, upload a profile picture and more!

Attendee Networking:
Easily Connect with fellow attendees by tapping the Start Chat button in the attendees profile you’d like to connect with. This button allows you to initiate a personal 1:1 chat with the intended attendee through the app. You have the option to sort or filter the attendee list alphabetically by Last Name (First Name sorting is the default) or by Exhibitor, Sponsor or Speaker tags to easily find who you are looking for.

Finding Sessions & Exhibit Booths:
If a session and/or exhibitor booth has been linked to a floor plan, click the Map It button for that entry to be taken to the applicable floor plan such as the hotel floor plan or exhibit hall floor plan.

Be Social:
Interact with fellow attendees by uploading/sharing photos to the in-app Gallery. Post comments and questions on the Social Feed to connect with fellow attendees about topics of interest.

Get the Latest App Information:
When there are new updates or information in the app, a red “Sync” badge will appear on the main menu of the app in the top toolbar. Get the latest updates by tapping the sync icon to refresh your app. *Internet or cellular data connection is required to sync the app.

App Download Instructions
For iPhone and Android users – To download the ATPPS 2024 app visit (pheedloop.com/ATPPS2024/). This link will take you to a landing page where you can choose between the iOS Download or Android Download depending on your mobile device.

Or, just scan this QR Code & download the app now.

To Search via keywords:
Apple users (iPhone, iTouch, iPad) – Go to the Apple App Store and search “Pheedloop Go!” to find and download the app.

Android users – Go to the Google Play Store and search “Pheedloop Go!” to find and download the app.

All other web-enabled devices (including computers) – type the following link into your browser (https://pheedloop.com/ATPPS2024/virtual) and it will take you to the Virtual Portal for the event.
Conference festivities kick off Friday evening with the Networking Reception!

Friday, March 1, 2024
6:00 PM - 9:00 PM
Exhibit Hall

Head to the Exhibit Hall for appetizers, drinks, and great company! The Annual Networking Reception is Casino Night themed this year, so try your hand at blackjack or get luck on the roulette table! Compete for complimentary funny money that you can trade in at the end of the night for prizes! Mingle with other attendees and chat with helpful company representatives about your product and service needs.

Drink Tickets are Sponsored in Part by:

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<th>Table Onsite include:</th>
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<tr>
<td>• (2) Craps Tables</td>
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<td>• (2) Roulette Tables</td>
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<tr>
<td>• (4) Blackjack Tables</td>
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<td>• (2) Poker Tables</td>
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And the showcase table of the event is a Big-Time Blackjack table Sponsored by Top Shelf Ortho. It’s a regular blackjack table but supersized! This megagame can seat up to 21 players and has 2 dealers, making this the ultimate show of the night!
The FUN-omenal™ Workplace
“Energizing People & Culture With The Positive Power Of FUN!”

Friday, March 1, 2024  4:00 PM - 5:00 PM

TONY BRIGMON, Ambassador of FUN

Tony Brigmon is serious about having fun. Serious fun with serious results. As a result of his questionable spelling skills, Tony learned at an early age that his name spelled backward is “YNOT.”

As in, “YNOT” learn how to use the power of “fun” to get more done and bring out the best in everyone. “Fun” was the power of “positivity” that helped catapult a small carrier into a force that changed the airline industry.

The FUNomenal™ Workplace presentation is built upon the foundation of the 3-E’s (Energize-Engage-Enrich) and the 3-VIEWS (PreVIEW, NowVIEW, ReVIEW) to help you kick-start your day in a positive way, navigate your way through your day in a less stressful way, and to end your day in the best possible way.

Learn how these FUNomenal positivity best practices — using the acronym S.M.I.L.E. to make them easy to remember — can make you funomental, too, and irresistibly attractive in your communication with others. Yes, you can do this!

Tony Brigmon is a party animal. He’s been known to stay up well past nine o’clock drinking root beer and telling G-rated jokes. Sure, the neighbors complain, but that doesn’t stop him. Because Tony is serious about having fun. Serious fun, with serious results.

Tony was a Southwest Airlines “Insider” and the former “face” of their renowned culture as their official “Ambassador of Fun” in the 1980’s. At Southwest Airlines, “fun” was the power of “positivity” that helped catapult a small carrier into a force that changed the airline industry. Former CEO of Southwest Airlines Howard Putnam says: “Tony has a gift for blending fun and capturing ideas in a manner that sticks for audiences.” Tony’s friends say that no one should have so much fun while sober. Tony’s wife said she has had about all cheerfulness she can stand.

Today, Tony is a popular speaker, emcee, and author of The FUNomenal™ Workplace. (FUNomenal™ is pronounced the same as phenomenal but it’s a lot more FUN.)

“Fun” transformed this author’s work and life. YNOT discover if the serious power of fun can transform the next 30 seconds of your day or 30 years of your life?
Run Your Own Race...  
Let the World Chase You

Saturday, March 2, 2024  
10:00 AM - 11:00 AM

PATRICIA NORTHRUP,  Lieutenant Colonel

Throughout my life, I was always seen as a little “different,” but ultimately managed to come out on top in everything I have set out to achieve. Little did I know at the beginning, my desire to march only to the beat of my own drum would be one of the keys to my success.

The title of this talk was advice given to me on the stage at the Miss America Pageant and it is advice that directs me to this day. This talk is designed to help any group find the strength and determination to succeed on their own terms, and turn any failure into an opportunity and to stop looking from side to side along the way. Powerful examples from my life experiences demonstrate how circumstances play only a small role in our potential. It’s the discipline to stay focused on goals and keep taking action while being true to yourself that ultimately brings the biggest and most satisfying wins. You want your people to have confidence, make decisions with determination and lead from the front? Then this topic will have them moving forward with purpose!

Lieutenant Colonel Patricia Northrup has been speaking to audiences of all ages for more than 25 years about how the most ordinary ideas can be extraordinary successes. She has often been told how “lucky” she has been in her life to have achieved so much. But once you listen to her speak, you will learn that the secret to her success is simply turning life’s normal rejections and failures to her advantage and seizing opportunities when they appear.

Patricia is an expert on leadership in high-stress and dynamic situations, breaking the glass ceiling and developing positive, harmonious relationships between men and women in the workplace, and finding a way to win the race of life when the world is convinced you are the underdog.

Patricia retired after a 21-year military career as a Lieutenant Colonel and Instructor Pilot for the California Air National Guard in the 115th Airlift Squadron. She flew six tours of duty in the Middle East and has been awarded five flying Air Medals. She was named the 2010 California Air National Guard Field Grade Officer of the Year and has earned her Master’s of Science in Military Science and Operational Art. Patricia is the CEO of the Miss California Organization, a preliminary to the Miss America competition. She has flown 20 years as a pilot for American Airlines and resides with her husband Andrew and three daughters in Redondo Beach, California.
Access full session details - including speaker information, location, and session descriptions – on the full schedules by day starting on page 14. This information is also available in the ATPPS Annual Conference mobile app.

**Session Categories**

Session categories signify the type of information that will be presented during the session.

- **Workshop/Lab** – These additional add-on workshops and labs will provide hands-on learning to supplement your skillset and toolbox.

- **Advanced Level AT’s** – For established clinical AT’s looking to expand their knowledge and skillsets.

- **Leadership/Administration** – For those AT’s looking to enhance your leadership skills who are in either a management or leadership role.

- **Entry Level AT’s** – For those AT’s seeking to enter or are newer to the Clinical AT role.
This is the listing of workshops and labs. Please note that all workshops and labs are add on’s to the conference registration and will require additional registration and fees.

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<tr>
<th>Day</th>
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<th>Title</th>
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<tbody>
<tr>
<td>Thu</td>
<td>FEB 29</td>
<td>Yellow Belt Workshop</td>
<td>9:00 AM - 4:00 PM</td>
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<tr>
<td>Thu</td>
<td>FEB 29</td>
<td>Diagnostic Ultrasound Lab</td>
<td>12:00 PM - 2:00 PM</td>
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<td>Thu</td>
<td>FEB 29</td>
<td>Phlebotomy Lab</td>
<td>12:00 PM - 2:00 PM</td>
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<td>Pediatric DME &amp; Casting Lab</td>
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<td>CAATE Residency and Fellowship Program Development “Foundational” Workshop</td>
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<td>Thu</td>
<td>MAR 1</td>
<td>Arthroscopy Lab</td>
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<td>Fri</td>
<td>MAR 1</td>
<td>Arthroscopy Lab</td>
<td>8:00 AM - 10:00 AM</td>
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<td>Fri</td>
<td>MAR 1</td>
<td>Suturing/Closing Lab</td>
<td>9:30 AM - 11:30 AM</td>
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<tr>
<td>Fri</td>
<td>MAR 1</td>
<td>Diagnostic Ultrasound Lab</td>
<td>2:00 PM - 04:00 PM</td>
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<tr>
<td>Sat</td>
<td>MAR 2</td>
<td>CAATE Residency and Fellowship Program Development, Content and Assessment Workshop</td>
<td>9:15 AM - 9:45 AM</td>
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</table>
These sessions are recommended for anyone who is newer to a clinical AT role or seeking to enter into a clinical role, but there is no restriction on attendance. Note that all sessions are open to all attendees.

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<tbody>
<tr>
<td>Fri</td>
<td>Assessment of Low Back Pain: Categorizing Pain Patterns</td>
<td>8:00 AM - 8:30 AM</td>
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<td>Sat</td>
<td>I Didn’t Expect That!!! This is Trauma!!</td>
<td>8:00 AM - 8:45 AM</td>
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<td>Fri</td>
<td>Management of Complex Wounds</td>
<td>8:30 AM - 9:00 AM</td>
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<tr>
<td>Sat</td>
<td>Septic Arthritis in the Adolescent Athlete: A Case Study</td>
<td>9:15 AM - 9:45 AM</td>
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<tr>
<td>Fri</td>
<td>Jumping to the Accurate Diagnosis: Common Anterior Knee Pain Etiologies</td>
<td>9:30 AM - 10:30 AM</td>
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<tr>
<td>Sat</td>
<td>Examining Pathways to Becoming an Athletic Training Specialist</td>
<td>11:15 AM - 12:15 AM</td>
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<tr>
<td>Fri</td>
<td>The Interventional Orthopedist: Employing Non-Operative Skills in Physician Practice</td>
<td>11:00 AM - 11:30 AM</td>
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<td>Sat</td>
<td>Connecting the Professional Masters to the Physician Practice Setting</td>
<td>2:00 PM - 2:45 PM</td>
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<tr>
<td>Fri</td>
<td>Atraumatic Joint Swelling in Pediatrics</td>
<td>1:00 PM - 2:00 PM</td>
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<tr>
<td>Sat</td>
<td>Use Lifestyle Medicine Principles to Increase Patient Success</td>
<td>2:45 PM - 3:30 PM</td>
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<tr>
<td>Sat</td>
<td>Recognition &amp; Management of Urgencies and Emergencies in Orthopedics</td>
<td>8:00 AM - 8:45 AM</td>
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These sessions are recommended for anyone who has been established in a clinical role and looking to advance their knowledge and or skillsets, but there is no restriction on attendance. Note that all sessions are open to all attendees.

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<td>Fri</td>
<td>8:00 AM - 9:00 AM</td>
<td>Assessing Psychological Readiness After Anterior Cruciate Ligament Reconstruction Using the ACL-RSI: A Quality Improvement Initiative</td>
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<tr>
<td>Fri</td>
<td>9:30 AM - 10:30 AM</td>
<td>Hip Dysplasia the Silent Destabilizer: A Complex Review of Hip Dysplasia and the Impact on Athletes</td>
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<tr>
<td>Fri</td>
<td>11:00 AM - 11:30 AM</td>
<td>Calcific Tendinitis of the Medial Cruciate Ligament</td>
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<td>Fri</td>
<td>1:00 PM - 1:30 PM</td>
<td>The Use of MSK Ultrasound in the Shoulder</td>
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<td>Fri</td>
<td>1:30 PM - 2:00 PM</td>
<td>Ultrasound Guided Platelet Rich Plasma Injections for Posterior Tibial Tendon Pathology</td>
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<td>Fri</td>
<td>2:30 PM - 3:30 PM</td>
<td>Live at the Revolution</td>
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<td>Sat</td>
<td>2:30 PM - 3:30 PM</td>
<td>Inova Advance Knee Talk</td>
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<td>Sat</td>
<td>8:00 AM - 8:45 AM</td>
<td>Management of Multiligament Knee Injuries</td>
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<td>Sat</td>
<td>9:15 AM - 9:45 AM</td>
<td>Athletic Trainer’s Role in a Clinic-Based Procedure Room</td>
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<tr>
<td>Sat</td>
<td>11:15 AM - 11:45 AM</td>
<td>Use of Methylprednisolone Taper to Reduce Opioid Consumption After Total Shoulder Arthroplasty</td>
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<tr>
<td>Sat</td>
<td>11:45 AM - 12:15 PM</td>
<td>Pilon Fractures: The Injury, Fixation, and Outcomes</td>
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<tr>
<td>Sat</td>
<td>2:00 PM - 2:45 PM</td>
<td>Evaluation of Hip Pain in Athletes</td>
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<tr>
<td>Sat</td>
<td>2:45 PM - 3:30 PM</td>
<td>The Pediatric Hand: What You Think You Know (But Really Don’t)</td>
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</table>
These sessions are recommended for anyone in a management or leadership role, but there is no restriction on attendance. Note that all sessions are open to all attendees.

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<td>Fri</td>
<td>8:00 AM - 9:00 AM</td>
<td>Right Person, Right Role to Support Your Orthopedic Practice</td>
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<tr>
<td>Fri</td>
<td>9:30 AM - 10:30 AM</td>
<td>Using Automation to Manage Ancillary Services in your Practice</td>
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<tr>
<td>Fri</td>
<td>9:30 AM - 10:30 AM</td>
<td>A Tale of Two Worlds – Leadership Lessons in Medical Group verses Hospital Administration</td>
</tr>
<tr>
<td>Fri</td>
<td>1:00 PM - 2:00 PM</td>
<td>American Hospital Association: Trends &amp; Priorities 2024</td>
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<tr>
<td>Sat</td>
<td>9:15 AM - 9:45 AM</td>
<td>Rethinking Mentoring in Healthcare</td>
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<tr>
<td>Sat</td>
<td>11:15 AM - 12:15 PM</td>
<td>A “Non-Traditional” Pathway into Healthcare Administration</td>
</tr>
<tr>
<td>Sat</td>
<td>2:00 AM - 2:45 PM</td>
<td>What Does an Administrator Look for in New Talent?</td>
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<tr>
<td>Sat</td>
<td>2:45 AM - 3:30 PM</td>
<td>Silent Strategies: 10 Pearls to Optimize Clinician Communication</td>
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9:00 AM – 4:00 PM

Process Improvement Workshop

Speaker(s): Bethany Rogers, MSML, BSN, RN, LSSMBB, CPHQ, CPHRM, System Director; Performance Improvement, St. Luke’s Health System

Attendees will participate in a full-day, interactive course designed to build on pre-conference learning about performance improvement (PI) principles and structure and to provide them with useful tools to apply to their own practice. Outputs of performance improvement include waste reduction, greater efficiency, fewer defects, less variation, improved customer experience, and improved operator experience. The training will introduce systems thinking, show the value of using the PI structure for problem-solving, demonstrate and provide access to fundamental PI tools, and explore metrics, analysis, improvement concepts, and sustainment. This practical course is designed to appeal to adult learners, with an emphasis on simulation activities, teaching concepts through personal experience and solidifying understanding through immediate application.

12:00 PM – 2:00 PM

Phlebotomy Lab

Speaker(s): Eric Fuchs, FNAP, LAT, ATC, AEMT, SMTC, CIDN, Chair, Dept. Exercise & Sport Science/ Professor Athletic Training, Eastern Kentucky University

This lab will present the standards of practice to draw blood cultures, maintain a low risk of contamination, and proper handling of blood culture. This is an advanced skill set that is being used more frequently in the clinical setting.

12:00 PM – 2:00 PM

Suturing/Closing Lab

Speaker(s): Jason Daley PA-C, Physician Assistant, St. Luke’s Sports Medicine
Victoria Burfeind MSPAS, PA-C, ATC, Physician Assistant, Atrium Health MSKI - Department of Orthopedic Trauma

Learn to suture like a pro! No matter your level of experience, this lab will review suturing technique and application for wound closure. Your lab fee includes a suture kit to use for post-lab practice as well.

12:00 PM – 2:00 PM

Diagnostic Ultrasound Lab

Speaker(s): Kurt Nilsson, MD, Fellowship Trained Non-Operative Sports Medicine Physician, St. Luke’s Sports Medicine

This lab will demonstrate how to bridge the gap between technology and advanced clinical applications. A trained healthcare professional will present the latest in diagnostic ultrasound imaging technologies and potential ultrasound imaging modes being evaluated for clinical practice. There will be a variety of topics address during the lab including MSK diagnosis and the use of US for therapeutic techniques.

12:00 PM – 2:00 PM

Arthroscopy Lab

Speaker(s): Michael Curtin, MD, Medical Director, St. Luke’s Sports Medicine

This is a great opportunity to watch orthopedic surgeons demonstrate an arthroscopic surgery while they review anatomy arthroscopically, discussion surgical indications and demonstrate surgical techniques. This is an advance skill set but will be beneficial for clinicians in a wide variety of settings.
2:00 PM – 2:30 PM
Exhibit Hall Break  400AD - Exhibit Hall

2:30 PM – 4:30 PM
**Pediatric DME & Casting Lab**  410A

**Speaker(s):** Leilani Treasure, Director of Operations  
St. Luke’s Sports Medicine

Common fractures and injuries that can be stabilized initially or treated definitively in a general pediatric practice will be presented. Faculty will demonstrate application of splints and casts, immobilization devices, and slings and braces. Participants will get hands-on practice, with faculty supervision and feedback. This is a great opportunity to take an entry level skill to the next level.

---

2:30 PM – 4:30 PM
**Phlebotomy Lab**  410B

**Speaker(s):** Eric Fuchs, FNAP, LAT, ATC, AEMT, SMTC, CIDN,  
Chair, Dept. Exercise & Sport Science/ Professor  
Athletic Training, Eastern Kentucky University

This lab will present the standards of practice to draw blood cultures, maintain a low risk of contamination, and proper handling of blood culture. This is an advanced skill set that is being used more frequently in the clinical setting.

---

2:30 PM – 4:30 PM
**CPR Recertification**  400C - Grand Ballroom

**Speaker(s):** Ashley Hudson, MS, LAT, ATC, Athletic Trainer  
St. Luke’s Sports Medicine

Be prepared for emergencies! CPR/AED re-certification to satisfy your biannual CPR/AED recertification.

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2:30 PM – 4:30 PM
**CAATE Residency and Fellowship Program Development “Foundational” Workshop**  410C

**Speaker(s):** Ashley Ahearn-Szymanski, Associate Director of Accreditation, CAATE;  
Mark Laursen, MS, ATC, Director of Residency and Fellowship, Commission on Accreditation of Athletic Training Education

The workshop will focus on the CAATE accreditation process and standards for residency and fellowship programs considering starting a residency or fellowship or interested in seeking initial accreditation. This workshop will include lecture, small group work, time for questions from attendees and will give you an opportunity to gain feedback and advice in real-time.

- Topics to include:
  - Recognize the important components of Standard #2  
  - (Framework) and their importance to residency/fellowship program design.  
  - Identify organizational and programmatic core principles to  
  - provide a foundation for program development success.  
  - ACGME Core Competencies  
  - Discuss residency specialty or fellowship sub-specialty area that best fits your organization.  
  - Develop criteria to identify core and affiliate faculty.

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2:30 PM – 4:30 PM
**Arthroscopy Lab**  Mobile Surgical Lab Bus

**Speaker(s):** Michael Curtin, MD, Medical Director  
St. Luke’s Sports Medicine

This is a great opportunity to watch orthopedic surgeons demonstrate an arthroscopic surgery while they review anatomy arthroscopically, discussion surgical indications and demonstrate surgical techniques. This is an advanced skill set but will be beneficial for clinicians in a wide variety of settings.
8:00 AM – 9:00 AM

Right Person, Right Role to Support Your Orthopedic Practice

Speaker(s): Curtis Mayse, CEO, Steamboat Orthopaedic and Spine Institute; Forrest Pecha, Clinical Outreach Director, Steamboat Orthopedics and Spine Institute

Based on personnel available, we will outline the competencies, training, and certification requirements that best match and propel your group forward to ensure the highest level of patient care and experience while balancing the financial impact and equivalencies.

8:30 AM – 9:00 AM

Management of Complex Wounds

Speaker(s): Erica Kelly, Pod Coordinator/Athletic Trainer, Duke Orthopaedics; Monica Macchiarello, Pod Coordinator/Athletic Trainer, Duke Orthopaedics

Discuss, identify and learn how to treat various types of wounds seen in the orthopedic setting. This will address wounds associated with operative management, non-operative management, and chronic wounds commonly found in an unhealthy population. Finally, learn how and when to bring your concern to the provider and direct patients to emergent care if necessary.

8:00 AM – 10:00 AM

Arthroscopy Lab

Speaker(s): Michael Curtin, MD, Medical Director St. Luke’s Sports Medicine

This is a great opportunity to watch orthopedic surgeons demonstrate an arthroscopic surgery while they review anatomy arthroscopically, discussion surgical indications and demonstrate surgical techniques. This is an advance skill set but will be beneficial for clinicians in a wide variety of settings.
9:00 AM – 9:30 AM
Exhibit Hall Break

9:30 AM – 10:30 AM

**Jumping to the Accurate Diagnosis: Common Anterior Knee Pain Etiologies**

Speaker(s): Kacey Ohlemeyer, Sports Medicine Assistant - Athletic Trainer, Ochsner Andrews Orthopedic & Sports Medicine Institute

Anterior knee pain is one of the most common orthopedic symptoms managed by sports medicine providers. Understanding the difference between two common causes, patellofemoral pain syndrome and patellar tendinopathy, is important for clinicians due to their differing approach to treatment and care planning. A multimodal approach to diagnosing these conditions is best practice with functional testing being a provocative and key component of the clinical exam.

9:30 AM – 10:30 AM

**Using Automation to Manage Ancillary Services in your Practice**

Speaker(s): Andrea Allyn, MBA, LAT, Clinic and Sports Medicine Director, Heartland Orthopedic Specialists

Ancillary services in an orthopedic practice in today’s environment, specifically DME/Bracing/Injectables, are subject to more regulations, compliance requirements, and profit margin pressures like never before. This session will address the need for automation in these areas, starting with the current state of DME regulations that will establish the need for automation. The session will also reveal benefits of automation to help with staffing efficiencies, as well as establish KPIs to measure success in these areas.

9:30 AM – 10:30 AM

**Hip Dysplasia the Silent Destabilizer: A Complex Review of Hip Dysplasia and the Impact on Athletes**

Speaker(s): Kellyanne Bultemeier, Athletic Trainer in the Physician Practice for Child and Young Adult Hip Program, Childrens Hospital Colorado; Kenzie Eubank, Athletic Trainer in the Physician Practice Setting Supporting Sports Medicine, Childrens Hospital Colorado

A comprehensive look into hip dysplasia and impacts on the competitive athlete. Through an in-depth review of hip anatomy and contributing risk factors we will provide the framework for understanding this complex differential diagnosis. By understanding signs and symptoms we will identify pertinent positives and negatives when performing a clinical evaluation. By correlating special tests, common radiographic findings, and bony/soft tissue landmarks we can identify hip dysplasia. After acknowledging hip dysplasia, discover treatment options, such as physical therapy, intra and extra-articular injections, NSAIDS, and peri-acetabular osteotomies.

9:30 AM – 11:30 AM

**Suturing/Closing Lab**

Speaker(s): Jason Daley PA-C, Physician Assistant, St. Luke’s Sports Medicine; Victoria Burfeind MSPAS, PA-C, ATC Physician Assistant, Atrium Health MSKI - Department of Orthopedic Trauma

Learn to suture like a pro! No matter your level of experience, this lab will review suturing technique and application for wound closure. Your lab fee includes a suture kit to use for post-lab practice as well.

10:30 AM – 11:00 AM
Exhibit Hall Break
11:00 AM – 11:30 AM

The Interventional Orthopedist: Employing Non-Operative Skills in Physician Practice

Speaker(s): Kacey Ohlemeyer, Sports Medicine Assistant - Athletic Trainer, Ochsner Andrews Sports Medicine Institute; Sean Bradley MD, Medical Director of Primary Care Sports Medicine, Ochsner Andrews Sports Medicine Institute

From ultrasound-guided injections to phlebotomy, concussion examinations to percutaneous tenotomies. Navigating interventional skills pose an intimidating adjustment to your scope of practice. Skills addressed in include: musculoskeletal ultrasound, cryonueroysis, orthobiologics, minimally invasive percutaneous tenotomies, concussion evaluation and treatment, nerve and fat pad hydrodilatation, and more.

11:00 AM – 11:30 AM

Calcific Tendinitis of the Medial Cruciate Ligament

Speaker(s): Clarrisa Alexander, Athletic Training Resident, St. Luke’s Sports Medicine

This is a presentation of case example of calcific tendinitis of the medial cruciate ligament. This presentation will detail the pathophysiology of calcific tendinitis. The epidemiology of calcific tendinitis and specifically of calcific tendinitis in ligaments will be discussed. Lastly the treatment option for calcific tendinitis of ligaments will be detailed.

11:30 AM – 01:00 PM

Lunch (On Own)

01:00 PM – 02:00 PM

Atraumatic Joint Swelling in Pediatrics

Speaker(s): Allison Bowe, Certified Athletic Trainer, Maine Medical Partners Orthopedics and Sports Medicine

Joint swelling in the pediatric population is not normal. Primary care providers and pediatricians refer to orthopedics and rheumatology frequently, the three largest diagnoses are musculoskeletal pain, abnormal labs, and joint swelling. Determining appropriate referrals, diagnostic imaging, labs, and course of treatment can help expedite care in the pediatric population, and cut down on unnecessary associated costs and visits for the patient initially and long term. Comprehensive labs are done that can help identify things like lyme disease, rheumatologic or autoimmune conditions, bacterial infections, and more serious systemic illness and infection. Imaging that may be performed to determine the extent of joint swelling may include, but are not limited to diagnostic ultrasound, x-ray, and MRI/MRA. Intervention may include aspiration, antibiotics, irrigation and debridement, continued monitoring, or in some cases hospitalization. It is important to keep in mind child abuse when results do not add up.
01:00 PM – 02:00 PM
American Hospital Association: Trends & Priorities 2024

Speaker(s): Speaker, Credentials


01:00 PM – 01:30 PM
The Use of MSK Ultrasound in the Shoulder

Speaker(s): Kurt Nilsson, Fellowship Trained Non-Operative Sports Medicine Physician, St. Luke’s Sports Medicine

This presentation will cover how to evaluate the shoulder using ultrasound and how to evaluate anatomic structures within the shoulder. Will further detail pathologies that are best evaluated with ultrasound. Discuss how MSK ultrasound can be used for interventions within the shoulder.

01:30 PM – 02:00 PM
Ultrasound Guided Platelet Rich Plasma Injections for Posterior Tibial Tendon Pathology

Speaker(s): Amanda Keenan, Sports Medicine Assistant Lead, Ochsner Andrews Sports Medicine Institute

Diagnosis and management of posterior tibial tendon pathology, including tendinosis, partial, and split tendon tears utilizing diagnostic ultrasound, conservative care, and ultrasound guided platelet rich plasma injection procedures.

02:00 PM – 02:30 PM
Exhibit Hall Break

02:00 PM – 04:00 PM
Diagnostic Ultrasound Lab

Speaker(s): Kurt Nilsson, MD, Fellowship Trained Non-Operative Sports Medicine Physician, St. Luke’s Sports Medicine

This lab will demonstrate how to bridge the gap between technology and advanced clinical applications. A trained healthcare professional will present the latest in diagnostic ultrasound imaging technologies and potential ultrasound imaging modes being evaluated for clinical practice. There will be a variety of topics address during the lab including MSK diagnosis and the use of US for therapeutic techniques.

02:30 PM – 03:30 PM
AOSSM Talk

Speaker(s): Speaker, Credentials

02:30 PM – 03:30 PM

**Live at the Revolution**

400B

Speaker(s): Michael Curtin MD, Medical Director, St. Luke’s Sports Medicine

This presentation talks about the history of the reverse total shoulder arthroplasty from creation to today. It will cover the evolution of implant design and its effect on patient outcomes. Additionally, it will discuss the evolution of use and indications for reverse shoulder arthroplasty.

02:30 PM – 03:30 PM

**Inova Advance Knee Talk**

410B

Speaker(s): Speaker, Credentials


03:30 PM – 04:00 PM

**Exhibit Hall Break**

400AD - Exhibit Hall

04:00 PM – 05:00 PM

**OPENING KEYNOTE**

**The FUN-omenal™ Workplace**

400C - Grand Ballroom

TONY BRIGMON
Ambassador of FUN

See more information on page 7

05:15 PM – 05:45 PM

**The FUN-omenal™ Way Workshop**

"Proven Principles To Help You Not Just Survive But Prevail Through Any Challenge!" 400B

Speaker(s): Tony Brimon, Ambassador of FUN

"Herb Kelleher knew that if people are bound by love, are empowered to do the right thing, have the freedom to be themselves, follow the Golden Rule, work hard, have fun, remain humble — then they would be prepared to not just survive, but prevail through any challenge." – Gary Kelly, Southwest Airlines CEO. Based on Tony’s first-hand observations of eight proven Resilience Principles in play at Southwest Airlines that helped catapult a small carrier into a force that changed the airline industry, Tony shows how any organization can adopt and adapt them to prevail through any challenge today.

06:00 PM – 09:00 PM

**NETWORKING RECEPTION**

**CASINO Night**

400AD - Exhibit Hall

**Workshop/Lab**  **Administration**  **Advanced Level AT’s**  **Entry Level AT’s**
7:00 AM – 8:00 AM  
Breakfast  400AD - Exhibit Hall

8:00 AM – 8:45 AM  
I Didn’t Expect That!!! This is Trauma!!  410B

Speaker(s): Dan Ruedeman, Athletic Trainer, UCHealth

This will be a discussion on the unexpected when it comes to orthopedic trauma and how an athletic trainer fits into this role. This ranges from foreign objects seen in the body, post op wound care, different social economic status and the limitations this may have on the patients prognosis. We will talk about amputations and what this looks like for the patient and providers. We will review some case studies and show radiographical images to correlate to the patients.

8:00 AM – 8:45 AM  
Management of Multiligament Knee Injuries  400B

Speaker(s): Savannah Knighton, Sports Medicine Assistant, Ochsner

Knee dislocations result in an extensive injury to multiple ligaments in the knee and often even effect the neurovascular structures as well. Often surgical intervention is needed after these injuries, but the best management strategy remains unclear. Currently, it is unknown how early or delayed surgery will affect return to full activity after a multi-ligament knee injury. The STaR (Surgical Timing and Rehabilitation) Trial for Multiple Ligament Knee Injuries aims to study the effects of timing of surgery (early vs. delayed) and timing of post-operative rehabilitation (early vs. delayed) for the treatment of military personnel and civilians that sustain a multiple ligament knee injury. This presentation will review the current literature for the treatment of multi-ligament knee injuries, review case examples, and briefly discuss the STaR trial.

8:00 AM – 10:00 AM  
CAATE Residency and Fellowship Program Development, Content and Assessment Workshop  410C

Speaker(s): Ashley Ahearn-Szymanski, Associate Director of Accreditation, CAATE; Mark Laursen, MS, ATC, Director of Residency and Fellowship, Commission on Accreditation of Athletic Training Education

The workshop will focus on the CAATE accreditation requirements and Standards and is most beneficial for previous workshop attendees, CAATE accredited and/or established residency and fellowship programs. This workshop will include lecture, small group work, time for questions from attendees and will give you an opportunity to gain feedback and advice in real-time. The workshop will focus on the CAATE requirements in the areas of:

- Clinical Practice
- Didactic Curricula
- Assessment and Evaluation
- Program Outcomes

8:00 AM – 8:45 AM  
Recognition & Management of Urgencies and Emergencies in Orthopedics  410A

Speaker(s): Victoria Burfeind, MSPAS, PA-C, ATC Physician Assistant, Atrium Health MSKI - Department of Orthopedic Trauma

This session will focus on the identification and appropriate management of orthopedic injuries or conditions within the adult population that are considered to need intervention within 24 hours in order to avoid long term adverse effects.

08:45 AM – 09:15 AM  
Exhibit Hall Break  400AD - Exhibit Hall
09:15 AM – 09:45 AM

Athletic Trainer’s Role in a Clinic-Based Procedure Room

Speaker(s): Erica Kelly, Pod Coordinator/Athletic Trainer, Duke Orthopaedics; Monica Macchiavello, Pod Coordinator/Athletic Trainer, Duke Orthopaedics

Explores the ATCs role in a clinic-based procedure room. From identification of the appropriate patient, documentation, sterile field set-up and administrative responsibilities, this session will explore the athletic trainer’s role in a sterile-based, non-OR procedure.

09:15 AM – 09:45 AM

Rethinking Mentoring in Healthcare

Speaker(s): Austin Strabala, Athletic Trainer
JJ Wetherington, Athletic Trainer, St. Luke’s Sports Medicine

This session will be targeted at ATs to detail the value of seeking out mentoring relationships. Given the challenges ATs face in today complex healthcare environment, the benefits of a mentoring relationship are probably more essential than ever and yet might be enhanced if traditional assumptions could be relaxed and more creative options employed. This presentation will overview of the concept of mentoring, its benefits, and its challenges, as well as offering some different ways of thinking about who can be a mentor and what constitutes mentoring. Additionally, this presentation will provide a case example of mentoring relationship from both the mentee and mentor perspectives.

09:15 AM – 09:45 AM

Septic Arthritis in the Adolescent Athlete: A Case Study

Speaker(s): Lenny Paparo, Clinical Athletic Trainer, St. Luke’s University Health Network

Case Study of septic arthritis in an adolescent athlete.

09:45 AM – 10:00 AM

Exhibit Hall Break

10:00 AM – 11:00 AM

Closing Keynote

Run Your Own Race... Let the World Chase You

PATRICIA NORTHUP
Lieutenant Colonel

See more information on page 8

11:00 AM – 11:15 AM

Exhibit Hall Break

11:15 AM – 12:00 PM

Knowing Yourself is the First Step to Running an Effective Life Race! Workshop

Speaker(s): Patricia Northrup, Lieutenant Colonel

Sometimes we go through life living in a way that is not compatible to how are made, and who we are. There are seven steps to living a successful life in leadership and followership, but the first step is knowing yourself. This workshop, one able you to take a deep dive into the true traits of your personality how to lead from those strengths and sure of the weaknesses, as well as learning, and not putting people in the right job, and not finding the right position for yourself could be detrimental to your success.
11:15 AM – 11:45 AM

**Use of Methylprednisolone Taper to Reduce Opioid Consumption After Total Shoulder Arthroplasty**

Speaker(s): **Kaitlyn Carlisle**, Surgical Athletic Trainer, Emory Healthcare

In this presentation, results of a randomized controlled trial from Emory Healthcare determining effects of short-course methylprednisolone taper after total shoulder arthroplasty will be discussed.

11:45 AM – 12:15 PM

**Examining Pathways to Becoming an Athletic Training Specialist**

Speaker(s): **Forrest Pecha**, Clinical Outreach Director, Steamboat Orthopedics and Spine Institute; **Mark Laursen**, Director of Residency and Fellowship, Commission on Accreditation of Athletic Training Education

As medical professionals Athletic Trainers historically developed and were trained as generalists taking care of the medical needs of physically active individuals in multiple settings. Like other healthcare professionals as the profession grew, specialists evolved. Early areas included orthopedics, rehabilitation, and emergency medicine. Early specialist evolved out high patient volume and volume of pathology we encountered. In the last 20 years, formal and informal educational pathways have evolved within the profession. Specialty certification is recognized by the AT strategic alliance. This talk will examine the evolution of specialists in athletic training, the current educational environment, pathways to becoming a specialist, tools to assess advanced specialty knowledge and what lies on the horizon.

1:15 PM – 2:15 PM

**Pilon Fractures: The Injury, Fixation, and Outcomes**

Speaker(s): **Allison Barloon**, Clinical Athletic Trainer, University of Iowa Hospitals and Clinics

In orthopedic trauma, there are many fracture categories and classifications. One of the most devastating of them are pilon fractures, which are distal tibial fractures that extend into the articular surface of the distal tibia, disrupting the cartilage of the ankle joint. While rare, comprising about 1% of all lower extremity fractures, the disruption of the weight bearing surface and cartilage of the distal tibia, results in problematic long-term outcomes for patients, often leading to early onset post-traumatic arthritis. In addition to cartilage injury, pilon fractures are often associated with soft tissue injury necessitating multiple surgeries, including external fixation until the soft tissues are amenable to surgical incisions. Due to the complexity of these injuries as well as the devastating nature of these injuries, it is important to understand the fixation techniques, post-operative process and potential complications, and long-term outcomes.

12:15 PM – 01:30 PM

Lunch (On Own)
**01:30 PM – 02:00 PM**

**State of the Society**

Speaker(s): **ATHLETIC TRAINERS IN THE PHYSICIAN PRACTICE SOCIETY**

**02:00 PM – 02:45 PM**

**What Does an Administrator Look for in New Talent?**

Speaker(s): **Michael Doyle, VP Orthopedic Services, Heartland Orthopedic Specialists**

This session will give an overview of key characteristics and traits that leaders are looking for to make the short list for advancement.

**02:00 PM – 02:45 PM**

**Evaluation of Hip Pain in Athletes**

Speaker(s): **James Beckmann, MD, Orthopedic Surgeon, St. Luke’s Sports Medicine**

This session will involve an introduction to hip pathology in the athlete. We will examine the hip mechanics as well as the role of the capsule in hip pathology for better understanding of FAI in athletes and capsular instability. Lastly, case studies will be reviewed for application of knowledge.

**02:00 PM – 02:45 PM**

**Connecting the Professional Masters to the Physician Practice Setting**

Speaker(s): **Jennifer Volberding, Professor, Department Chair and Program Director, Oklahoma State University Center for Health Sciences**

**Patrick Hills-Meyer, Assistant Clinical Professor, University of Wisconsin**

With the implementation of the 2020 CAATE standards, students in professional programs are gaining high level skill sets that set them up for success in the physician practice setting. This talk will discuss these skill sets as well as the unique opportunities the physician practice setting can provide as immersive clinical rotations.

**02:45 AM – 03:30 PM**

**The Pediatric Hand: What You Think You Know (But Really Don’t)**

Speaker(s): **Laura Fleisher, Physician Practice Manager, Stanford Medicine Children’s Health**

This lecture reviews several different hand-based injuries, starting at clinical presentation, a detailed physical examination, radiographs and appropriate management.
02:45 AM – 03:30 PM

Silent Strategies: 10 Pearls to Optimize Clinician Communication

Speaker(s): David Heath, EMS Medical Director, Emergency Physician, OhioHealth

Effective clinician-patient communication is a central clinical function in building a therapeutic clinician-patient relationship which is essential to effective delivery of high-quality health care. Many clinicians substantially overestimate the ability to communicate. In reality, nonverbal communication is a significant portion of the patient encounter and clinicians have little training in this aspect of medicine. This fun, interactive presentation will shed light on nonverbal communication from both the clinician and patient perspective which potentially enhances patient experience, clinician experience and may decrease risk of medicolegal adventures. Ten tips and pearls are presented to improve your body language skills to help clinicians quickly connecting to patients and identify nonverbal clues from the patient to the clinician.

02:45 PM – 03:30 PM

Use Lifestyle Medicine Principles to Increase Patient Success

Speaker(s): Tia Nowacki, Certified Athletic Trainer, Certified Health and Wellbeing Coach, St. Luke’s

Lifestyle Medicine is an important and often overlooked treatment opportunity to improve health and decrease suffering. Clinicians often hesitate to discuss the benefits of behavior change with their patients. Learn how to implement lifestyle medicine principles into your medical practice and employ simple strategies to empower your patients to take responsibility for their health and recovery. Presentation will include examples of several hospital systems that have successfully adopted lifestyle medicine into practice and the role an ATC can have in patient success.
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